

# LUNCH MENU 午餐餐單 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			6/20 BBQ Pork Fried Rice 叉燒炒飯	6/21 Chicken Teriyaki & Mixed Vegetables Over Rice 照燒雞肉雜菜飯
6/24 Mixed Vegetables & Pork Chow Mein 雜菜豬肉炒麵	6/25 Broccoli & Beef Over Rice 西蘭牛肉飯	6/26 Spaghetti with Meat Sauce 義大利肉醬麵	6/27 BBQ Pork Fried Rice 叉燒炒飯	6/28 Sweet Corn, Tofu Chicken Over Rice 粟米豆腐雞肉飯
7/1 Shredded Meat Chow Mein 碎肉青菜炒麵	7/2 Tofu Pork Over Rice 豆腐豬肉飯	7/3 Chicken Fried Rice 雞丁炒飯	7/4 No School 學校放假	7/5 Ground Pork & Vegetables Rice Noodles 碎肉青菜炒米粉
7/8 Chicken Teriyaki & Mixed Vegetables over Rice 照燒雞肉雜菜飯	7/9 Cha Siu Chow Ho Fein 叉燒炒河粉	7/10 Spaghetti with Meat Sauce 義大利肉醬麵	7/11 Ground Pork Fried Rice 碎肉炒飯	7/12 Sweet and Sour Chicken Over Rice 咕嚕雞肉飯
7/15 Chicken Drumsticks, Mash Potato & Corn 雞腿、薯泥、玉米	7/16 Pork, Cauliflower & Broccoli Over Rice 菜花西蘭豬肉飯	7/17 Chicken & Vegetables Chow Mein 雞肉青菜炒麵	7/18 Beef Fried Rice 牛肉炒飯	7/19 Chicken Chow Ho Fein 雞肉炒河粉
7/22 Chicken Teriyaki & Mixed Vegetables Over Rice 照燒雞肉雜菜飯	7/23 BBQ Pork Fried Rice 叉燒炒飯	7/24 Spaghetti with Meat Sauce 義大利肉醬麵	7/25 Ground Pork & Vegetables Rice Noodles 碎肉青菜炒米粉	7/26 Sweet and Sour Chicken Over Rice 咕嚕雞肉飯
7/29 Chicken & Vegetables Chow Mein 雞肉青菜炒麵	7/30 Pork, Cauliflower & Broccoli Over Rice 菜花西蘭豬肉飯	7/31 Sweet and Sour Chicken Over Rice 咕嚕雞肉飯	8/1 Chicken Fried Rice 雞丁炒飯	8/2 Broccoli & Beef Over Rice 西蘭牛肉飯
8/5 Cha Siu Chow Ho Fein 叉燒炒河粉	8/6 Mixed Vegetables & Pork Chow Mein 雜菜叉燒炒麵	8/7 Spaghetti with Meat Sauce 義大利肉醬麵	8/8 BBQ Pork Fried Rice 叉燒炒飯	8/9 Last Day of School Pizza Party 披薩派對